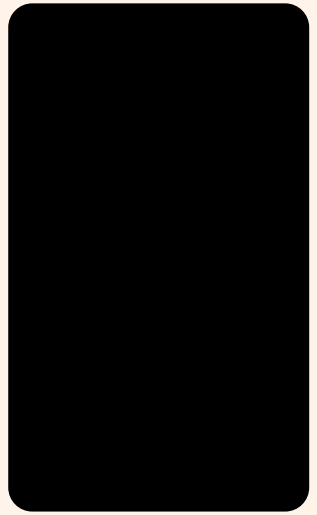




# MENU

2



## **At the Winthrop Rockefeller Institute, we strive to provide the ultimate guest experience.**

We know that great food is a big part of that experience. Our expert team has developed a variety of menus that will make selecting your meals a simple, exciting task.

### **Beverage services**

Keep your group refreshed throughout the day. For **\$5 per person**, guests enjoy four hours of unlimited coffee, tea, water, and soft drinks at any beverage station across the Institute.

### **Don't see what you're looking for?**

We're always happy to accommodate special requests for those who need it. Our talented staff prepares and serves meals that are sure to impress and satisfy your group. We look forward to serving you.



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# BREAKFAST

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All breakfast packages begin with the basic continental breakfast, with prices starting at **\$13 per person** and includes coffee, milk, and juice.

## Options Include

- ✔ Basic Breakfast
- ✔ Basic Continental
- ✔ Breakfast Sandwich Bar
- ✔ À La Carte Options

## BREAKFAST PACKAGES

### Basic Continental

- ✓ Breakfast pastry
- ✓ Cold cereal
- ✓ Oatmeal
- ✓ Seasonal fruit display
- ✓ Yogurt

### Basic Breakfast

- ✓ Bacon and sausage
- ✓ Biscuits and gravy
- ✓ Fried breakfast potatoes
- ✓ Scrambled eggs

### Breakfast Sandwich Bar

- ✓ Bacon, sausage, ham, and eggs
- ✓ Capers
- ✓ Cheese tray
- ✓ Fried breakfast potatoes
- ✓ Fruit display
- ✓ Bagels, biscuits, croissants, English muffins, and toast
- ✓ Assorted topping options
- ✓ Butter and spreads
- ✓ Dips
- ✓ Hot honey
- ✓ Jams
- ✓ Pickled red onion
- ✓ Spring mix

## À LA CARTE OPTIONS

*Add any à la carte breakfast item for an additional \$2 per person.*

- ✓ Assorted muffins
- ✓ Breakfast casserole
- ✓ Chocolate gravy
- ✓ French toast
- ✓ Frittata or quiche
- ✓ Housemade sweet breads
- ✓ Individually wrapped sausage and bacon biscuits
- ✓ Omelet station\*
- ✓ Pancakes
- ✓ Premium granola bars
- ✓ Waffle bar

*\*Omelet station option for groups of 15 or fewer.*



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## Morning **BREAK**

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A little pick-me-up between breakfast and lunch can be just what you need to stay alert and focused. Break package options start at **\$8 per person** and include a beverage station.

### **Options Include**

- ✔ Chicken & Waffles Break
- ✔ Cinnamon Break
- ✔ Scone Break

# MORNING BREAK PACKAGES

## **Chicken & Waffles Break**

- ✓ Mini chicken and waffles
- ✓ Mixed berry bowl

## **Cinnamon Break**

- ✓ Cinnamon rolls
- ✓ Granola and multigrain bars
- ✓ Grab-and-go fruit

## **Scone Break**

- ✓ Scones
- ✓ Granola and multigrain bars
- ✓ Fruit display with cream cheese dip



# LUNCH

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Lunches include chef's choice soup and salad, entrée, starch, vegetable, dessert, bread, iced tea, and water with prices starting at **\$19 per person**.

## Options Include

- ✔ A Taste of Asia
- ✔ A Taste of Italy
- ✔ Fajita Bar
- ✔ Taco Bar
- ✔ BBQ Bar
- ✔ Off the Grill
- ✔ Elevated Salad Bar
- ✔ Elevated Sandwich Bar
- ✔ À La Carte Options

# LUNCH PACKAGES

## A Taste of Asia

### Meat

Select 1

- Beijing beef
- General Tso's chicken
- Orange chicken
- Orange pork
- Sweet and sour chicken
- Sweet and sour pork
- Teriyaki chicken
- Teriyaki pork

### Sides

Select 3

- Dumplings
- Egg rolls
- Fried rice
- Lo mein
- Spring rolls
- Vegetables
- White rice

## A Taste of Italy *(Lasagna can be substituted for one meat.)*

### Meat

Select 1

- Blackened chicken
- Chicken
- Chicken marsala
- Chicken parmesan
- Meatballs
- Sausage
- Garlic butter shrimp\*
- Shrimp scampi\*

### Pasta

Select 2

- Bow tie
- Cheese tortellini
- Lobster ravioli\*
- Lobster and shrimp ravioli\*
- Penne
- Portobello ravioli\*
- Spaghetti
- Wagyu beef and truffle ravioli\*

### Sauces

Select 2

- Alfredo
- Brown butter and herb
- Gorgonzola cream
- Marinara
- Marsala
- Pasta primavera
- Pesto cream tortellini
- Ragu

\*market price

# 10

## Fajita Bar

### Meat

Select 1

- Beef
- Chicken
- Pork carnitas

### Comes with

- Chips and cheese dip
- Guacamole
- Refried beans
- Salsa
- Sautéed vegetables
- Sour cream
- Spanish rice

## Taco Bar

### Meat

Select 1

- Blackened chicken
- Carne asada
- Carnitas
- Cilantro lime shrimp\*
- Chipotle chicken
- Ground beef
- Pork al pastor

### Sides

Select 2

- Cilantro lime rice
- Spanish rice
- Charro beans
- Marinated black beans
- Refried beans

### Comes with

- Assorted toppings
- Chips and cheese dip
- Corn and flour tortilla shells
- Guacamole
- Roasted corn and black beans
- Salsa
- Sour cream

\*market price

## BBQ Bar

### Meat

Select 1

- Pulled pork
- Smoked brisket
- Smoked chicken
- Ribs

### Sides

Select 3

- Baked beans
- Cole slaw
- Macaroni and cheese
- Potato salad

## Off the Grill

*Includes assorted cheeses, toppings, and condiments.*

### Meat

Select 1

- Bratwurst
- Hamburgers
- Grilled chicken
- Hot dogs

### Sides

Select 3

- Baked beans
- Baked potato salad
- Chips
- Cole slaw
- Corn on the cob
- French fries
- Macaroni salad
- Seasonal vegetable

# 12

## Elevated Salad Bar

### Meat

Select 1

- Grilled chicken
- Shrimp\*
- Steak

### Greens

- Iceberg lettuce
- Romaine
- Shredded kale
- Spring mix

### Comes with

- Assorted seasonal toppings
- Bacon
- Black beans
- Cherry tomatoes
- Cucumbers
- Feta cheese
- Garbanzo beans
- Pickled vegetables
- Salad dressing
- Shredded carrots
- Shredded cheddar cheese

## Elevated Sandwich Bar

Select 3. If no selections are made chef will choose 3 options.

### Hot

- Cheeseburger slider
- Chopped brisket slider
- Cubano
- Hot Italian
- Pulled chicken or pork slider
- Roast beef and cheddar with pretzel bun
- Reuben slider
- Smoked bologna slider
- Turkey slider

### Cold

- BLT wrap
- Caprese chicken wrap
- Chicken salad on a croissant
- Club sandwich
- Greek chicken wrap
- Ham on a croissant
- Turkey on a croissant
- Veggie wrap

### Comes with

- French fries
- Seasonal vegetable

\*market price

## À LA CARTE OPTIONS

**Didn't see a package that met your needs? Talk to your conference planner about customizing your own menu.**

### Items available by request

#### Entrées

- Baby back ribs
- BBQ Bar
- Catfish
- Chicken fried chicken
- Fried chicken (bone-in)
- Herb-marinated London broil
- Pecan-encrusted chicken
- Pot roast
- Roasted pork loin with rosemary pomegranate glaze
- Salmon (*grilled or baked*)
- Smoked chicken with mustard barbecue sauce

#### Starch

- Baked potatoes
- French fries
- Mashed potatoes
- Mashed sweet potatoes
- Rosemary and garlic roasted red potatoes
- Tri-colored potatoes
- Twice-baked potatoes
- Rice pilaf



# 14

## Afternoon **BREAK**

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Fuel your afternoon! Our break packages start at **\$8 per person**, so your group can power through to dinner with ideas still firing. Access to our beverage station is included.

### **Options Include**

- ✔ Mediterranean
- ✔ Party Platter
- ✔ South of the Border
- ✔ Sweet & Savory
- ✔ À La Carte Options

## AFTERNOON BREAK PACKAGES

### **Mediterranean**

- ✓ Fruit display with cream cheese dip
- ✓ Hummus with pita chips
- ✓ Vegetable crudité

### **Party Platter**

- ✓ Cheeseball and crackers
- ✓ Spinach dip with tortilla chips
- ✓ Fried mushrooms with ranch

### **South of the Border**

- ✓ Chips and salsa
- ✓ Tortilla pinwheels
- ✓ Jalapeño poppers

### **Sweet & Savory**

- ✓ Assorted cookies
- ✓ Fruit display with cream cheese dip
- ✓ Spinach dip with tortilla chips

# 16

## À LA CARTE OPTIONS

**Didn't see a package that met your needs?**

**Choose any 3 items**

- Assorted cheese platter with crackers
- Assorted fresh-baked cookies
- Assorted muffins
- BBQ meatballs
- Bruschetta
- Buttermilk ranch dip and chips
- Cinnamon rolls
- Cheese ball with crackers
- Cheese sticks
- Chocolate brownies
- Dessert bars
- French onion dip and chips
- Fried mushrooms
- Fruit display with cream cheese dip
- Granola/Nutrigrain bars
- Guacamole and chips
- Hand fruit basket
- Housemade salsa and chips
- Hummus with pita chips
- Jalapeño poppers
- Marinara meatballs
- Mini chicken and waffles\*
- Mixed seasonal berries
- Onion rings
- Scones
- Spinach and artichoke dip with chips
- Spring rolls
- Tortilla pinwheels
- Vegetable crudité with buttermilk ranch dressing

*\*Counts as 2 items*



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# DINNER

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Each package includes chef's choice soup and salad, dessert, bread, iced tea, and water with pricing starting at **\$29 per person**.

## Options Include

- ✔ Airline Chicken
- ✔ Blackened Redfish
- ✔ Coffee Crusted New York Strip
- ✔ Glazed Pork Ribeye
- ✔ Governor's Choice
- ✔ Prime Rib Carving Station
- ✔ Southern Classic
- ✔ Fish & Steak
- ✔ Pork & Chicken
- ✔ Steak & Chicken
- ✔ À La Carte Options

dinner

# 18

## SINGLE-ENTRÉE DINNER PACKAGES

*Each package includes chef's choice soup and salad, dessert, bread, iced tea, and water.*

### **Airline Chicken**

- ✓ Airline chicken
- ✓ Gouda whipped potatoes
- ✓ Vegetables
- ✓ Dill pan sauce

### **Blackened Redfish**

- ✓ Blackened redfish
- ✓ Pimento cheese rice grits
- ✓ Vegetables
- ✓ Cajun cream sauce

### **Coffee Crusted New York Strip\***

- ✓ Coffee crusted New York strip
- ✓ Roasted baby bakers
- ✓ Vegetables
- ✓ Blueberry pecan sauce

### **Glazed Pork Ribeye**

- ✓ Glazed pork ribeye
- ✓ Whipped sweet potatoes
- ✓ Vegetables
- ✓ Sweet glaze

### **Governor's Choice\***

- ✓ Petite filet, 6 oz.
- ✓ Seasonal vegetable
- ✓ Baked potatoes with sour cream, butter, chives, bacon, and shredded cheese

*\*market price*

## Prime Rib Carving Station\*\*

- ✓ Slow roasted herbed prime rib
- ✓ Creamy horseradish and au jus
- ✓ Baked potatoes or rosemary and garlic roasted red potatoes
- ✓ Seasonal vegetable

## Southern Classic

- ✓ Pecan encrusted chicken
- ✓ Red potatoes
- ✓ Vegetables
- ✓ Raspberry sauce

# TWO-ENTRÉE DINNER PACKAGES

*Each package includes chef's choice soup and salad, dessert, bread, iced tea, and water.*

## Fish & Steak

- ✓ Grilled salmon
- ✓ Beef medallions
- ✓ Smashed potatoes and gravy
- ✓ Seasonal vegetable

## Pork & Chicken

- ✓ Roasted pork loin
- ✓ Chicken cordon bleu
- ✓ Twice-baked potatoes
- ✓ Seasonal vegetable

## Steak & Chicken

- ✓ Herb-marinated London broil
- ✓ Pecan-encrusted chicken
- ✓ Rice pilaf
- ✓ Seasonal vegetable

\*\* Market price. Will be plated if 19 guests or less.

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## À LA CARTE OPTIONS

**Didn't see a package that met your needs? Talk to your conference planner about customizing your own menu.**

### **Items available by request**

#### **Entrées**

- Baby back ribs
- BBQ Bar
- Catfish
- Chicken cordon bleu
- Chicken fried chicken
- Fried chicken (bone-in)
- Herb-marinated London broil
- Pecan-encrusted chicken
- Petit filet, 6 oz.\*
- Pot roast
- Roasted pork loin with rosemary pomegranate glaze
- Salmon (*grilled or baked*)
- Smoked chicken with mustard barbecue sauce
- Stuffed chicken

#### **Starch**

- Baked potatoes
- French fries
- Mashed potatoes
- Mashed sweet potatoes
- Risotto
- Rosemary and garlic roasted red potatoes
- Tri-colored potatoes
- Twice-baked potatoes
- Rice pilaf

*\*market price*



# 21

## Allergy-friendly **MENU OPTIONS**

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Our allergy-friendly menu offers a variety of options, with pricing starting at **\$19 per person**, including water and tea. Ask your conference planner for more details.

### **Options Include**

- ✔ Butternut squash agnolotti
- ✔ Eggplant parmesan
- ✔ Grilled tofu
- ✔ Lentil risotto
- ✔ Tuscan gnocchi with sundried tomatoes
- ✔ Chili crisp cauliflower steak
- ✔ Curry spiced acorn squash
- ✔ Grilled eggplant
- ✔ Italian spiced cauliflower steak
- ✔ Kung pow tofu
- ✔ Pecan encrusted tofu

allergy-friendly

# 22

## VEGETARIAN

### **Butternut squash agnolotti**

- ✓ Sage cream
- ✓ Seasonal vegetables

### **Eggplant parmesan**

- ✓ Roasted potatoes
- ✓ Seasonal vegetables
- ✓ Marinara

### **Grilled tofu**

- ✓ Butternut squash and brussel sprout hash
- ✓ Seasonal vegetables

### **Lentil risotto**

- ✓ Lemon mascarpone
- ✓ Crispy shallots
- ✓ Seasonal vegetables

### **Tuscan gnocchi with sundried tomatoes**

- ✓ Spinach
- ✓ Seasonal vegetables

*\*For groups with multiple vegetarian or vegan guests, we ask that everyone share one meal selection. This helps our kitchen deliver the best possible experience for your group.*

## VEGAN

### **Chili crisp cauliflower steak**

- ✓ White bean puree
- ✓ Vegetables

### **Curry spiced acorn squash**

- ✓ Stuffed with quinoa and seasonal Vegetables
- ✓ Warm hummus and vegetables

### **Grilled eggplant**

- ✓ Mediterranean sauce
- ✓ Seasonal vegetables
- ✓ Rice pilaf

### **Italian spiced cauliflower steak**

- ✓ Lentils
- ✓ Romesco sauce
- ✓ Seasonal vegetables

### **Kung pow tofu**

- ✓ Seasonal vegetables
- ✓ White rice

### **Pecan encrusted tofu**

- ✓ Roasted red potatoes
- ✓ Raspberry sauce
- ✓ Seasonal vegetables



# 24

## RECEPTIONS

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Hosting a reception on campus? Beverage options vary by reception space, so we'll help you find the perfect pairing of space and sips. Packages start at **\$15 per person**. Access to our beverage station is included.

### Options Include

- ✔ Chef's Choice
- ✔ À La Carte Options

## CHEF'S CHOICE

Choose any 4 Items

- Arancini - V**  
*saffron and roasted corn, cheddar jalapeño, garlic parmesan, and honey cheddar*
- Asian Chicken Wonton Cup**  
*shredded chicken tossed in asian sauce, kale and broccoli slaw, green onion, and sesame seed*
- Beef Crostini with Horseradish Cream**  
*crostini, shaved beef, and horseradish cream*
- Brie, Fig, and Prosciutto Crostini**  
*crostini, warm brie, fig jam, and prosciutto*
- Bruschetta - V**
- Buffalo Chicken Wonton Cups**  
*buffalo chicken dip, wonton cup, and green onion*
- Caprese Crostini - V**  
*crostini, roasted tomato, mozzarella, basil, balsamic reduction, and sea salt*
- Cranberry Brie Puff Pastry Bites - V**  
*puff pastry, melted brie, and roasted cranberries*
- Elote Dip - V**  
*cream cheese, roasted corn, queso fresco, and smoked paprika*
- Falafel Sliders - V**  
*brioche bun, falafel, tzatziki sauce, and pickled shallot*
- Jalapeño Cheddar Tater Kegs**  
*jumbo tater tots loaded with jalapeño, cheddar, and bacon paired with ranch*
- Pimento Cheese and Bacon Crostini**  
*crostini, pimento cheese, bacon, and fresh herbs*
- Shrimp Canapes**  
*cucumber, whipped cream cheese, and poached shrimp*
- Smoked Bacon Wrapped Jalapeños**  
*stuffed with cream cheese and paired with ranch*
- Smoked Salmon Canapes**  
*smoked salmon, dill cream cheese, cucumber, and fried capers*
- Whipped Feta Crostini - V**  
*crostini, whipped feta, marinated olives, and sea salt*
- Whipped Goat Cheese Crostini - V**  
*topped with honey, mint, and blackberry*

V=Vegetarian friendly

# 26

## À LA CARTE OPTIONS

*Choose any 4 Items*

- Assorted fresh-baked cookies
- Baked brie
- Buttermilk ranch dip and chips
- Cheese ball with crackers
- Cheese sticks
- Chicken satay with peanut dipping sauce
- Chocolate brownies
- Dessert bars
- French onion dip and chips
- Fried mushrooms
- Fruit display with cream cheese dip
- Guacamole and chips
- International cheese display
- Hand fruit basket
- Housemade salsa and chips
- Hummus with pita chips
- Jalapeño poppers
- Mini cheesecakes
- Mini chicken and waffles\*
- Mini cupcakes
- Mixed seasonal berries
- Onion rings
- Spinach and artichoke dip with chips
- Shrimp cocktail\*\*
- Stuffed mushrooms
- Tortilla pinwheels
- Vegetable crudité with buttermilk ranch dressing

\* Counts as 2 items    \*\* market price

# Rockefeller **ETHIC**

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## **Our Mission**

We continue Winthrop Rockefeller's collaborative approach to creating transformational change.

## **Our Vision**

We envision a future where every person is empowered to bring their unique perspective to bear on the most monumental of challenges and participate in the search for solutions.

## **Our Method**

We engage our resources and Winthrop Rockefeller's values to convene purposeful gatherings on his historic cattle ranch. We do this work by employing the "Rockefeller Ethic" which represents the belief that diversity of opinion, engaging in respectful dialogue, and practicing collaborative problem solving combine to create transformational change. The productive energy of our mountaintop location coupled with the highest levels of hospitality ensure all who come here are able to do their best work.




# PLAN YOUR MEETING TODAY!

[wrinst.org/plan](http://wrinst.org/plan)



## REACH OUT

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